



A Covenant of Care

For NID's Church Worker Wellness Care Team Member and Care Receivers

Our Promises to our Lord:

- To lift up every concern, joy, and thanksgiving shared in our times together to our Lord in prayer, seeking His will be done through each.
- To look at life's circumstances in light of God's Word, seeking His answers through His Holy Word.
- To rejoice together in the forgiveness and love that our Lord gives to us on account of Jesus' life, death, and resurrection.

The Care Team Member Promises:

- Within the bounds of mandated reporting, to maintain confidentiality for all the content shared in each session.
- To seek to bring the presence of Christ Jesus into our times together and pray that Christ's Spirit will surround all we say and do.
- To listen with Christ-like love and respect and avoid judgmental attitudes.
- To be a source of Christ's grace and encouragement to His glory and to the Care Receiver's support.
- When considered helpful, to make referral to professional resources.

The Care Receiver Promises:

- To speak with openness and honesty, being as forthright as possible about him/herself so that we can get to the heart of matters, receive effective support, and have God's Word touch his/her life for healing.
- To respect the limits of this support relationship in regard to its maximum five-session scope.

The Care Team Member and Care Receiver Promise:

- To respect each other's schedules by starting and ending our times together on time.
- To end each time together with reflection on what was shared in that session and to lift everything up in prayer.