

CHURCH WORKER CARE TEAM

FAQ

What is the church worker care team?

The Church Worker Care Team is a group of called church workers in the Northern Illinois District who have been asked to serve as support and encouragement providers to all workers in the District.

What is a care team member able to do?

A Care Team member is available to listen, to provide spiritual support, to pray, and to provide coaching and other resources as needed.

Why would I need a care team member?

If you are encountering a particularly stressful time in your life, whether personal or professional, or you are dealing with an especially difficult situation, and you feel you have a lack of spiritual care and support in dealing with it, you may want to utilize the support of a Church Worker Care Team member.

Does a care team member provide counseling services?

No, our Care Team members are not professional counselors. If it is deemed that professional counseling is needed, the Care Team member can provide resources and recommendations to the worker for this service.

How do I contact a Care Team member?

You can locate the Care Team members on the NID website at nidlcms.org/care-team. There, you will find the name and photo of each Care Team Member, short video introductions, along with their email addresses. You can contact them directly, or if you're unsure of who to contact and would like some assistance, you can contact Dr. Debbie Arfsten, Church Work Care Team director, at the email address provided on the website.

If I contact a Care Team member, is it reported to the District office?

No. All contacts are kept fully confidential between the Care Team member and worker. The only information reported to the District is the number of contacts that have been received and the general topics that are being discussed. No names or locations are disclosed.

How many times can I talk to a care team member about a specific situation?

Some situations may need only 1-2 times to be resolved. Others may take a bit longer, but the goal is to keep it to a maximum of 5 conversations.

How will these conversations take place?

At this time, all conversations will take place over telephone or by video chat, whichever is mutually agreeable between Care Team member and worker.

Is there a cost for this service?

No. This service is provided by the Northern Illinois District to encourage wellness in its workers.