

Bringing It For Belize



Bringing It For Belize takes place the week of October 17-23, 2021
I/We will exercise for my/our wellness and for the wellness of people in Belize.

Name _____ Group Name _____

My Church/School, City: _____

Date	Type of Exercise	Number of Minutes Exercised
October 17, 2021		
October 18, 2021		
October 19, 2021		
October 20, 2021		
October 21, 2021		
October 22, 2021		
October 23, 2021		

***Participants, help us celebrate this event! Please send exercise tracker form to:
LCMS Northern Illinois District
2301 S. Wolf Rd, Hillside IL 60162**

**Or scan and email to:
sue.green@nidlcms.org**